

Eldercare Consultation and Liason Services

Pam Freese, MSW, LCSW

Pam Freese is a Licensed Clinical Social Worker with an MSW from Indiana University, who has 30 years of experience working in a variety of social settings including Home Care, Hospice and Hospitals. The Eldercare Consultation and Liason Service focuses on supporting caregivers of the elderly and chronically ill.

Pam's initial visit is a comprehensive psychosocial assessment with the caregivers and/or the client that includes:

- *general safety concerns
- *functionality both inside and outside the home and within the community
- *mental and physical status
- *dynamics of the family and support network
- *financial and legal issues (if relevant)

After collaborating with the caregivers an individualized, comprehensive Plan of Care is developed. Recommendations can include:

- *Education on community resources and entitlement benefits such as VA, Medicaid, CHOICE
- *Education on Retirement Communities, Assisted Living, and Extended Care Facilities, Home Health Care Services
- *Counseling to caregiver and/or others in the family on ongoing concerns related to care, caregiver stress and future planning
- *Provision of information related to legal concerns (Advance Directives, Durable Power of Attorney, Guardianship, Adult Endangerment)

Follow up visits are available as needed for additional supportive counseling and assistance with ongoing caregiver issues and planning needs. Additional family members and members within the supportive network can be included in follow up visits if desired.