

Catherine Mary Keefer

Career Objective

I have a strong interest in neuropsychology that stems from having worked in corrections for over 25 years and would enjoy the opportunity to continue my clinical practice in an adult outpatient setting. I am comfortable working in-person, via telephone, and virtually. I have excellent organizational and communication skills. I believe I can successfully fulfill the responsibilities of this position and be an asset to your team.

Professional Summary

I am an Indiana Licensed Mental Health Counselor with over 25 years of clinical and supervisory experience. I have extensive experience evaluating and providing individual, group, and crisis management interventions for adults, adolescents, and children.

Education and Training

Indiana Licensed Mental Health Counselor (LMHC), 2000 to Current
Indianapolis, IN, USA

Master of Science: Indiana University-Purdue University - Counseling and Counselor Education 1991
Indianapolis, IN, USA

Bachelor of Arts: Purdue University - Psychology 1988
West Lafayette, IN, USA

Minors in Spanish and Supervision

Professional Highlights

- Highly proficient in conducting and formulating psychological evaluations and assessments
- Strong clinical judgment and knowledge of behavioral disorders
- Supervisor of Mental Health therapists and supporting staff during extended Lead Psychologist absence
- Departmental Administrator during Lead Psychologist absence
- Experienced in leading therapeutic and training groups
- Crisis management experience and on-call responsibilities
- Excellent communication and leadership skills
- Strong work ethic and dedicated professional
- Certified trainer in Suicide Prevention and Trauma Informed Care
- Current Basic Life Support (CPR & AED) certified

Professional Experience

Outpatient Behavioral Health Therapist at IU Health, Bloomington, IN

8/22/2022 – 4/28/2023

Provided individual, group, and couples therapy via in person, telephone, and virtual therapy. Collaborated effectively with the medication providers and the rest of the healthcare team. Provided mental health assessments of patients upon physician referral. Provided crisis intervention, treatment plans, medication referrals and other mental health services as needed. Proficient in Cerner EHR documentation. Served as liaison between Indiana University Health and state and county child and adult protective teams.

Behavioral Health Therapist at HealthNet, Indianapolis, IN

1/22/2022 – 6/5/2022

Indianapolis, IN

Provided individual assessments and treatment plans for all assigned patients. Coordinated mental health counseling to adults, adolescents, and children to include but not limited to family, marriage, drug/alcohol referrals and social assessments. Provided crisis intervention, psychiatric referrals, and other mental health services as needed. Completed diagnostic summaries and communicated recommendations to the treatment team. Participated in quality assurance activities and assured program compliance.

Mental Health Professional at Reception-Diagnostic Center, Plainfield, IN

07/2021- 12/2021

Centurion Health of Indiana, LLC Due to Contract Buyout of Wexford of Indiana LLC

Indianapolis, IN

Provided clinical services, including screening, assessments, treatment planning and crisis intervention for adults. Assisted in the planning and implementing of goals and objectives for maintaining safety and security within the facility; worked effectively with multi-disciplinary treatment team, provided clinical supervision, performed consultation, and educated others. Provided the necessary preparation of documentation, necessary records and reports. Participated in interdisciplinary team meetings; appropriately recommended/offered input to multi-disciplinary team for transfers to alternate levels of care, and/or level changes when requested. Assisted in training of new employees and shared on-call duties.

04/2017 – 07/2021

Wexford of Indiana LLC

Indianapolis, IN

Performed in-depth mental assessments and accurately identified patient needs and appropriate placement; provided crisis intervention and restrictive housing assessments, treatment plans, and reviews; conducted on-site consults as needed; interviewed and completed intake process for patients who met the criteria for the Substance Abuse Therapeutic Program; collected and provided data for CQI reviews; attended weekly Mental Health staff meetings and shared on-call duties. Served as Lead MHP during extended absence of Lead Psychologist. Acted as Chair Person for the Suicide Prevention Committee and assisted in teaching Suicide Prevention as well as Trauma Informed Care classes to new and veteran employees.

Mental Health Professional at Plainfield Correctional Facility and Reception-Diagnostic Center

10/2011 – 03/2017

Corizon Health

Brentwood, TN

Conducted mental assessments, individual and group therapeutic interventions, and crisis intervention as appropriate. Assisted in the planning and implementing of goals and objectives of programs. Participated in and conducted in-service programs, as well as assisted in the orientation of new staff. Provided necessary and accurate documentation of records and reports. Shared on-call responsibility with Mental Health staff.

Mental Health Professional at Plainfield Correctional Facility, Plainfield, IN

09/2005 — 09/2011

Correctional Medical Services

Saint Louis, MO

Conducted mental assessments and provided crisis intervention, individual and group therapy. Maintained accurate documentation of patient interventions and clinical activities in accordance with the policies and procedures. Assisted Psychiatry in the monitoring of patients who received psychotropic medications. Participated in staff meetings and in-service training sessions.

Behavioral Clinician at Plainfield Correctional Facility, Plainfield, IN. 05/2000 — 08/2005

Prison Health Services

Brentwood, TN

Conducted Mental Health assessments for new patients, led anger and stress management groups, scheduled patients and kept accurate records for psychiatry, provided crisis intervention services, provided behavioral follow ups, and served as the Suicide Prevention Coordinator of the facility.

Behavioral Clinician

05/1992 — 05/2000

State of Indiana: Reception-Diagnostic Center

Plainfield, IN

Conducted psychological assessments for incoming patients, provided crisis management services, educated and trained employees in suicide prevention, and served as the spokesperson for the facility in the event of an emergency or disaster.

Youth Counselor

09/1991 — 05/1992

STOPOVER, INC.

Indianapolis, IN

Provided counseling and support services to Indianapolis youth and their families. Participated in outreach, community education, and networking activities. Shared in Crisis Line responsibilities.

REFERENCES

Dr. Andrew R. Heckman, Ph.D.

Psychologist and Outpatient Behavioral Health Manager at IU Health, Bloomington, IN

(812) 353-3450

Nicole Swann, PMHNP

Behavioral Health Nurse Practitioner at IU Health, Bloomington, IN

(812) 353-3450

James Walker, MSW, LCSW

Therapist, Outpatient Behavioral Health Services at IU Health, Bloomington, IN

(812) 353-3450

Dr. Charolette Ray, Ph.D.

Former Lead Psychologist at the Reception-Diagnostic Center, Plainfield, IN

(317) 446-6499

Dr. Daniel Rippetoe, MD

Former Lead Psychiatrist at the Reception-Diagnostic Center, Plainfield, IN

(317) 643-1692

Dr. Anthony McMann, Ph.D.

Former Lead Psychologist at the Reception-Diagnostic Center, Plainfield, IN

(920) 905-3396

Dr. Steven Conant, MD.

Former Psychiatrist at the Reception-Diagnostic Center and Plainfield Correctional Facility

(317) 925-7408