

# Ashley Gallaway

## CAREER OBJECTIVE

Ashley seeks acceptance into a clinical psychology doctorate program and as has a desire to work in the counseling field focusing on psychotherapy, trauma, and diagnosis. Dedicated and motivate therapist with four and a half years' experience in community mental health assisting a diverse population of clients suffering from addictions, mood disorders, schizophrenia, adjustment issues, phase of life problems, and personality disorders. Ashley has specialized knowledge in trauma. Ashley communicates quickly and emphasizes psychoeducation to help clients gain insight, awareness, and understanding into their lives. Ashley has a passion for creating a safe relationship that supports empowerment and increased self-awareness, as well as teaching others how to continue healing after the counseling experience.

## EDUCATION

Illinois Institute of Technology, Chicago, IL

**Master of Science in Rehabilitation and Mental Health Counseling**, May 2016

Overall GPA: 4.0

- Assisted professor in published paper.
- Practicum placements in diverse Chicago population

Indiana Wesleyan University, Marion, IN

**Bachelor of Science, Psychology**, May 2014

Minor: Addictions Counseling Overall GPA 3.5

- President of the Psychology Club
- Traveled with award winning choral group
- Teaching assistant for two professors

## RELATED EXPERIENCE

**Home Based Therapist, LIFESOLUTIONS COUNSELING, PC**, Dec 2016 - Current, Carmel, IN

- Working with children, families, couples, and adults with complex trauma, adjustment disorders, mood disorders, psychotic, and substance disorders.
- Completed biopsychosocial health assessments for all clients.
- Monitor, adjust, and document client progress according to measurable goals and objectives identified in a cooperatively created treatment plan.
- Testify on behalf of the client or the Department of Child Services to provide testimony to legal decisions.
- Provide treatment updates and work cooperatively across agencies and treatment teams, such as the Department of Child Services, to increase client and family functioning.
- Participate in weekly clinical supervision with a licensed supervisor.
- Continue trauma and ethics training to increase competencies.
- Assist clients in linking to community resources and refer them to additional services to maintain progress after discharge.
- Completed Parenting Family Functioning Assessments and Clinical Interview and Assessments to assist clients in developing treatment plans and identifying diagnoses and recommendations.
- Completed monthly report updates for client progress and recommendations, trained therapists in Parenting Family Functioning Assessments and Clinical Interview and Assessments administration and allowed new hires/internship students to shadow to gain experience for education requirements.

**Vocational Intern, SOUTH CAMPUS/NEW CONNECTIONS ACADEMY**, Aug 2015 - Dec 2015, Palatine, IL

- Conduct vocational therapeutic sessions with 11 students with emotional and behavioral disorders
- Co-facilitated a group of 6 students for 1 semester regarding selflessness and transition.
- Attended IEP and entrance meetings regarding students.

- Meet weekly with site and faculty supervisors concerning cases.
- Developed individualized plans with each client to achieve appropriate career goals, including college and vocational school assistance and job placement services.
- Provided referral assistance for clients to assist with needs such as housing, utilities, and clothing.
- Conferred with medical and mental health professionals to understand the complete picture of each client's backgrounds and limitations.
- Evaluated the abilities and needs and barriers for each client to help them set realistic goals and adapt/adjust with successful rehabilitation plans.

**Psychological Intern, SERTOMA CENTRE, May 2015 - Aug 2015, Chicago, IL**

- Conducted therapeutic sessions to increase functioning with 10 adults on the spectrum and/or developmental disabilities.
- Conducted a 4-week psychoeducational therapy group with 6 clients
- Document client progress and met weekly with a site supervisor concerning cases and conceptualization.

**Psychological Intern, E.M BRANCH FAMILY INSTITUTE, Jan 2015 - May 2015, Chicago, IL**

- Conduct therapeutic sessions for 7 clients to achieve identified goals
- Completed case notes, progress notes concerning clients.
- Meet weekly with a site supervisor concerning cases and conceptualization.
- Participated in seminars and additional training to expand knowledge and skills.

**Teaching Assistant, INDIANA WESLEYAN UNIVERSITY, Jan 2013 - May 2015, Marion, IN**

- Grade papers, homework, and tests for professors in a variety of classes.
- Assist with research organization, collection of data and literary analysis, and data interpretation.
- Copying journals, papers, or other material for class handouts; proctor exams.
- Reserved and set up audiovisual equipment or acquired other supplemental learning resources for classroom use.

**Psychology Intern, FIRST LIGHT CHILD ADVOCACY CENTER, Jan 2014 - May 2014, Marion, IN**

- Taking detailed notes to document forensic interview experience for the center, prosecutor's office, state and local police departments, and child service agencies.
- Working with a multidisciplinary team to assess the validity of children's accounts during the forensic interview.
- Making DVDs of recorded forensic interviews for multiple services use in court and Foster Care system.
- Creating paper training packets for Child Advocacy training seminars
- Organize/created "goodie" bags for the children
- Meet and entertain children in the waiting room and help prepare by establishing a trusting relationship.

**SKILLS:**

Proficient in clinical documentation, charts, and client notes, independent employee, maintains individual continuing education requirements, TF CBT certified and currently taking an addition TF CBT six month course, communication skills, writing skills, willingness to learn and share information, group therapy experience, assessments and diagnostic experience, and diversity training.